



# Character-Based DISCIPLINE

*"maintaining the dignity of each student while constantly working toward the long-term goal of self-directed, self-regulated, and responsible behavior"*

*Humans learn and process through social interactions. Our character behaviors are heavily influenced by our prior experiences with others. This session explores the neuroscience behind all human behavior, and unpacks the essential elements that students need to be their best selves. Regardless of the discipline program you use, this session will enhance your practice by increasing your understanding of proactive research-based implementation strategies for before, during, and after behavior challenges occur.*

## 2025 SESSION DATES

**Session One**  
January 29, 2025  
8:30am-3:30pm



**Session Two**  
February 26, 2025  
8:30am-3:30pm



**Session Three**  
April 18, 2025  
8:30am-3:30pm

**PARTNER DISTRICT FEE \$600 per participant. NON-PARTNER \$720. Lunch included. Sessions will be held at the CharacterPlus Offices located at 2025 Craigshire Road, Suite 150, St. Louis, MO, 63146.**

### *Learn to Apply:*

- *Understanding how discipline can be both structured while also restoring the dignity of both student and staff member.*
- *proactive strategies to improve relationships and readiness*
  - *during-incident strategies to promote self-regulation*
  - *post-incident strategies to encourage reason and repair*

## CharacterPlus®

**APPLY OR LEARN MORE - VISIT [WWW.CHARACTERPLUS.ORG/CHARACTERBASEDDISCIPLINE](http://WWW.CHARACTERPLUS.ORG/CHARACTERBASEDDISCIPLINE)**

**CONTACT ROXANNA MECHEM, DIRECTOR OF DISTRICT AND COMMUNITY PARTNERSHIPS - [RMECHEM@CHARACTERPLUS.ORG](mailto:RMECHEM@CHARACTERPLUS.ORG)**

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