



IDEAL FOR:

Superintendent & Assistant Superintendent

Principal & Director

SEL Program Coordinator & Counselor

Core Learning Frameworks:

ABCD Foundations: Internalizing Autonomy, Belonging, Competence, and Dignity.

Evidence-Based Practice: Connecting learning to inter- and intrapersonal skill-building frameworks.

Change Management: Embracing the ability to lead change effectively by understanding self and others.

Leading from the Inside Out

Informed by research in adult learning theory and combined with inter and intrapersonal and character principles, SELf is a transformative experience designed for leaders who recognize that effective leadership begins with self-awareness. By understanding ourselves first, we can intentionally create a school culture where every member of the community has the opportunity to thrive.

Program Details

Intention: To help leaders understand that effective leadership starts with the self. Participants will bridge the gap between awareness and intentionality into action by cultivating a culture of character.

Overview: Informed by research in adult learning theory and combined with Inter/Intrapersonal and Character principles, participants will engage in a variety of leadership experiences. The program focuses on internalizing Autonomy, Belonging, Competence, and Dignity (ABCD) to understand their impact on creating thriving school communities.

Outcome: Participants will develop the capacity to be their best self in order to serve their students, school, and community. They will build an awareness of the power of capacity mapping, future planning, and inter-intrapersonal skills in order to affect change and lead effectively.

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I come in feeling disconnected and always leave feeling empowered. The activities have a clear purpose and lead to such great dialogue. I wish every educator and student could experience SELf!"

Self Participant

Learn More at CharacterPlus.Org/Self

Character**Plus**